

Hair Removal For Face & Body

Electrolysis

Pre-sterile disposable needles are used with a diathermy electrical current. A complimentary consultation is required to determine if this method is suitable for your problem areas.

5 mins - £11.00 10 mins - £15.00 15 mins - £18.00 20 mins - £21.00
25 mins - £24.00 30 mins - £27.00 1 hour - £46.00

Hot Wax & Sugar Paste

Ideal for sensitive areas.

Standard Bikini £18.00 Extended Bikini £22.00 G String £28.00
Brazilian £34.00 Hollywood £40.00 Lip or Chin £9.00
Lip & Chin £13.00 Lip, chin & sides £18.00 Under arm £15.00

Tea Tree Warm wax with paper strips

Brows	£10.00	G-String	£20.00
Lip or Chin	£7.00	Hollywood	£30.00
Lip & Chin	£9.00	Lower Half Leg	£13.00
Lip, Chin & Side	£12.00	Lower Half Leg & Standard Bikini	£22.00
Under Arm	£11.00	Upper Leg	£16.00
Full Arm	£18.00	Upper Leg & Standard Bikini	£24.00
Half Arm	£12.00	¾ Leg	£24.00
Bikini - Standard	£12.00	¾ Leg & Standard Bikini	£27.00
Extended Bikini	£16.00	Full Leg	£28.00
Brazilian	£25.00	Full Leg & Standard Bikini	£32.00

Correct after-care is a must for 24-36 hours after hair removal

Facial Red Thread Veins

A no obligation complimentary consultation with a patch test must be had prior to 1st treatment. Pre-sterilized, disposable needles are used.

15 mins (using Diathermy Current) £40.00

Moroccan Spray Tan With Argan Oil

Prior to treatment: please ensure you exfoliate, but DO NOT apply Body Lotions, Oils, Creams, Make up, Perfume or Deodorant.

After application: we advise you to wear home very loose, dark clothing & not to get wet of shower for 24 hours.

To maintain you tan for up to 7 days, gently exfoliate every 3rd shower & moisturise at least twice a day.

Body & Face - 20 mins £20.00
Upper Body only £14.00
Legs only £10.00

Taster/Mini Treatments

Just a few ideas if you want to try a "taster session" first to see if you like it, or are buying a Gift Voucher as an "introduction" for someone.

Hydra Clean	30 mins	£32.00
Environ Facial	30 mins	£36.00
Microdermabrasion	30 mins	£36.00
Mini steam facial	45 mins	£38.00
Mini facial	30 mins	£31.00
Mini manicure	30 mins	£20.00
Mini pedicure	30 mins	£20.00
Hydra ² lift express	40 mins	£41.00
Spray tan for legs	10 mins	£10.00
Massage	15 mins	£16.00
Hint of make-up - ideal after treatments	15 mins	£11.00

Mens Treatments

Guinot Mens Hydra ² facial Client is advised to shave 4 hrs prior to treatment	1 ¼ hrs	£64.00
Scalp, back & shoulder massage	50 mins	£45.00
Tranquility scalp massage	40 mins	£42.00
Reflexology	40 mins	£42.00
Back, neck & shoulder massage	30 mins	£29.00
Hand treatment Cuticle tidy, shape, nail buff & massage	30 mins	£27.00
Foot treatment As hands plus hard skin removal & exfoliation	40 mins	£30.00
Waxing Back from £21.00 Chest from £21.00 Brows from £10.00		

Jane Iredale 100% Mineral Make-Over

Hint of Make-up	15mins	£11.00
Full make-over for special occasions	up to 1hr	£40.00
Bridal package (includes Trial Session plus Wedding Day)		£70.00

Packages

MOTHERTO-BE PAMPER - Face, Body & Toes Exfoliation & soothing massage with creams to ease heavy legs, stretch marks and tone the skin. Includes toe nail paint	1hr 30 mins	£74.00
SHEER BLISS Relaxing body massage & facial to de-stress and unwind.	2 hrs	£88.00

Please note for all appointments that 24 Hours notice of cancellation is required otherwise a 50% charge will be made.

Total Beauty

Established 2002

**Guinot, Eve Taylor, Environ
Skin Care and Jane Iredale
Mineral Make Up**

- Gift vouchers available
- Air-conditioned treatment rooms
- Free consultation on all treatments

Total Beauty

209 Eltham High Street
London SE9 1TX
Tel: 020 8859 6584

www.totalbeautyeltham.co.uk
totalbeautyeltham@gmail.com
f totalbeautyeltham

Opening Hours

Mon, Wed & Fri: 9am - 6pm
Tues & Thurs: 9am - 7.30pm
Sat: 9am - 5.30pm

Guinot Face

HYDRA CLEAN	30mins	£32.00	Course of 3 £86.40
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HCE - latest advanced technology from Guinot Paris (Hydraderm Cellular Energy)

HCE HYDRA	1hr 15mins	£74.00	Course of 3 £199.80
HCE HYDRA AGE LOGIC	1hr 30mins	£90.00	Course of 3 £243.00
HCE HYDRA LIFT EXPRESS	40mins	£51.00	Course of 6 £275.40
HCE HYDRA LIFT	55mins	£68.00	Course of 3 £183.60
HCE HYDRA LIFT DELUXE	1hr 15mins	£77.00	Course of 3 £207.90
HCE EYE LOGIC	40mins	£50.00	Course of 6 £270.00
HCE AGE LOGIC & LIFT EXPRESS	1hr 45 mins	£104.00	Course of 3 £280.80

Hydradermie² "double ionisation" roller treatments

"The star" of treatments for a more beautiful clear complexion. No make-up for 6 hours after this facial treatment.

HYDRADERMIE ²	1hr 15mins	£64.00	Course of 6 £346.60
HYDRA ² AGE LOGIC	1hr 30mins	£80.00	Course of 3 £216.00

With application of eye & neck serums & masks

Muscle stimulation lifting treatments

HYDRA ² LIFT EXPRESS	40mins	£41.00	Course of 6 £221.40
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Express lifting

AGE LOGIC & LIFT EXPRESS	1hr 45m	£94.00	Course of 3 £253.80
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2 In 1 facial (excellent maintenance facial, 1 per month)

HYDRA ² LIFT TREATMENT	55mins	£58.00	Course of 6 £313.20
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Immediate lifting

HYDRA ² LIFT DELUXE	1hr 15 mins	£67.00	Course of 3 £180.90
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Immediate lift & relaxing massage & mask

HYDRA ² EYE LOGIC	40 mins	£50.00	Course of 6 £270.00
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Lifting for the eye contour with mask & serums

HYDRA PEELING FOR ALL SKINTYPES		£75.00	Course of 3 £202.50
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Exfoliates, targets dark spots & pigmentation. Regenerates skin cells

LIFTOSOME FACIAL	1hr	£62.00	Course Of 3 £167.40
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Firming & rejuvenating with thermal mask

AROMATIC FACIAL	1hr	£55.00	Course of 3 £148.50
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Very relaxing with essential oils, includes brow tidy and arm massage

AGE SUMMUM	1hr	£77.00	Course of 3 £207.90
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Environ Face

Working with Sonophoresis, Iontophoresis & Vitamins A, C & E. Anti-ageing for all skin types & improves fine lines, pigmentation, scarring, uneven skin tone, sensitivity & de-hydration.

1 HR ACTIVE VITAMIN TREATMENT	£63.00	Course of 3 £170.10
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3 areas plus alginate mask

ADVANCED ACTIVE VITAMIN TREATMENT	£82.00	Course of 3 £221.40
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10 areas plus alginate mask - 1hr 30 mins

Eve Taylor Facials & Back Treatment (Steam Option)

Add on: Brow Tidy. Brow Tint. Lip Mask .Eye Mask. Foot Massage. Lip Wax. Chin Wax. Hand Massage. Scalp Massage. Back Massage. High Frequency

1hr Facial including 1 add on	£55.00
1hr 15mins Facial including 2 add on's	£60.00
1hr 30mins Facial including 3 add on's	£65.00
Back Steam Treatment 4.5mins	£41.00

Problematic skin's will benefit from steam, extraction and mask

Microdermabrasion - Diamond head

For uneven pigmentation, dark circles, scarring, open pores dull/dry complexions

30MINS MINI FACIAL	£36.00	Course of 3 £97.20
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Targets specific areas of concern

50MINS STANDARD FACIAL	£63.00	Course of 3 £170.10
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Hands & Feet

Jessica Phenom & Orly Epix - £3 Extra

Hands

Manicure	45 mins	£31.00
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(Includes file, cuticle tidy, massage & colour)

French Manicure	60 mins	£36.00
Luxury Manicure with heated mittens (with colour)	60 mins	£40.00
Paraffin Wax Manicure (with colour)	60 mins	£40.00

(Helps poor circulation, dry skin & arthritic conditions)

Mini Manicure (massage, file & colour)	30 mins	£20.00
File & Paint with Colour	15 mins	£14.00
File & Paint with French	25 mins	£20.00

Feet

Pedicure with colour	60 mins	£38.00
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(Includes cut & file, cuticle tidy, hard skin removal, massage & varnish)

French Pedicure	75 mins	£42.00
Luxury Pedicure with heated booties (with colour)	75 mins	£46.00
Paraffin Wax Pedicure (with colour)	75 mins	£46.00

(Helps poor circulation, dry skin & arthritic conditions)

Mini Pedicure (remove hard skin, massage, file & colour)	30 mins	£20.00
File & Paint with Colour	15 mins	£14.00
File & Paint with French	25 mins	£20.00

PLEASE NOTE - a. Arrive earlier than appointment time to choose your colour varnish. b. Bring open toed shoes for Pedicure to prevent smudging of polish. c. Chance of ruining your varnish if you leave the salon too soon. d. Drying off properly will make for a longer lasting professional finish.

Guinot Body

TECHNISPA TREATMENT solution for faster slimming or toning.

CELLULITE/SLIMMING	1hr	£60.00	Course of 3 £162.00
FIRMING/TONING	1hr	£60.00	Course of 3 £162.00
LEGS	40mins	£40.00	Course of 3 £108.00
BACK HYDRADERMIE ²	1hr	£50.00	Course of 3 £135.00

For problematic skins

AROMATIC BODY	1 ¼ hrs	£62.00	Course of 3 £167.40
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Anti-Cellulite massage with slimming essential oils and claymask

BODY POLISH/SOFTENING	1hr	£50.00
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For pre-sun/postholiday/dry skin, exfoliation with moisturising creams and oils

GUINOT BODY WRAP

TECHNI firming & TECHNI Slimming 1 ¼ hrs	£60.00	Course of 4 £216.00
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1 per week

Body Massage Treatments

MASSAGE with Essential oils for relaxation, toning & detoxing				
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15 mins - £16.00 30 mins - £29.00 45 mins - £39.00 1 hour - £49.00

AROMATHERAPY	1hr 15 mins	£62.00
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Relaxing lymph drainage massage with essential oils for Face, Body & Feet

SCALP, BACK & SHOULDER MASSAGE	50 mins	£45.00
TRANQUILITY SCALP MASSAGE	40 mins	£42.00
REFLEXOLOGY	40 mins	£42.00

Ear-Piercing

Earpiercing on the Soft Lobe only, includes studs. £19.00
Free check-up appointment after 6-8 weeks

Eyes

Patch test for tinting & LVL's to be done at least 24 hrs before your first treatment

Eye lash tint	25 mins	£15.00
Brow tint	10 mins	£8.00
Eye lash & brow tint	30 mins	£21.00
Brow shape & brow tint	15 mins	£16.00
Eye lash & brow tint & brow shape	40 mins	£28.00
Brow shape with wax or tweezers	15 mins	£10.00

LVL's - Lifting, volumising & lengthen of your natural lashes

LVL's - includes a complimentary tint 2-3 weeks after treatment £57.50